

Camp Staff

Present at every session

Adam DiSabato

2X State Champion,
Team State Runner-Up
3X NCAA All-American-OSU
OSU Athletic Hall of Fame-2006
Former Assistant Coach-Illinois and OU

Andy DiSabato

State Champion, 2X State Placer
NCAA All-American-3rd (OSU)
46 State Q, 23 State Placers, 4 State Champs
2004 State Coach-of-the-Year
OHSWCA Hall of Fame-2007

Dominic DiSabato

3X State Champion, 4X Finalist
Team State Champions, 2X Runners-Up
High School All-American
Head Coach-Hilliard Davidson High School
30 State Qualifiers, 13 State Placers

Eric DiSabato

2x State Qualifier
College Standout - Capital University
Head Coach, Buckeye Valley HS

Phil DiSabato

State Placer
Former State Tournament Official
Assistant Coach-Whetstone HS

Vince DiSabato

2X State Champion
2X High School All American

Special Guest

Mark Marinelli

State Champion
2X NCAA All-American-OSU
Head Coach-Olentangy Liberty HS

Team DiSabato Wrestling

Location: Hilliard Davidson HS

Contact:: Dominic DiSabato
dominic_disabato@hboe.org
614-214-3568

Beginner Camp

(1st and 2nd year wrestlers)

Dates: June 7-10, 2010

Times: 9-11 a.m.

Ages: K-3

Cost: \$50—only \$5 per hr of camp

(Not all DiSabato's may be present for this camp ...Must have minimum of 25 campers to hold camp)

Advanced Camp

Dates: June 14-18, 2010

Times: 9-11 a.m., 12-2 p.m.

Ages: K-12

Cost: \$100—only \$5 per hr of camp

Camp Philosophy

The DiSabato family believes that solid, basic technique, hard work, dedication and a willingness to learn are the keys to success. Each camper should come to camp with this attitude. Having fun is a product of winning!

TYPICAL DAILY SCHEDULE

9:00	Roll Call
9:05-9:20	Warm Up/Stretching
9:20-9:30	Review/Drill Previous Session Technique
9:30-10:45	New Technique
10:45-11:00	LIVE WRESTLING
11:00	Dismissal - Beginner Camp
11:00-12:00	LUNCH
12:00	Roll Call
12:05-12:20	Warm Up/Stretching
12:20-12:30	Review/Drill Previous Session
12:30-1:45	New Technique
1:45-2:00	LIVE WRESTLING
2:00	Dismissal

TECHNIQUE COVERED

Proper Drilling
Set Ups
Hi Crotch Series
Other Takedowns
Single Leg Series
Recovery Pos
Breakdown/Turns
Stand Ups/Bottom Wrestling
Short Offense
Duck Unders
Freestyle/Greco Roman

Name _____
Address _____
City/ST _____
Zip _____
Email _____
Age ____ Grade ____
Yrs Experience ____ T shirt Size _____
YS YM YL AS AM AL AXL AXXL

Mom's Name _____
Phone _____
Email _____
Dad's Name _____
Phone _____
Email _____

Cost Advanced Camp-\$100
Beginner Camp-\$50

Make Checks Payable to :

TEAM DISABATO

And mail with application to :

Hilliard Davidson H.S.
Team DiSabato Wrestling Camp
5100 Davidson Rd
Hilliard, Ohio 43026

APPLICATION DEADLINE-JUNE 1

I understand that Dominic DiSabato, all other DiSabato's, the Hilliard City School District, and all other personnel associated with the TeamDiSabato Wrestling Camp assume no responsibility for accidents, injuries, or medical/dental expenses incurred by my son at this camp

(Parent/Guardian Signature)

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TEAM DiSABATO

WRESTLING

CAMP

2010

Ohio's Winningest

Family—

15 OHSAA State

Championships

**Offering 2 Weeks of Camp this
Year**

Beginner Camp—June 7-10
(designed for 1st and 2nd yr
wrestlers)

Advanced Camp—June 14-18